

NEW JERSEY	SUN	MON	TUE	WED	THU	FRI	SAT
3rd and Osborn Keyport, NJ	C/BB/D 7:30- 8:45 Sanity at Sunset				7:00 - 7:15 Meditation: Group ----- B/S 7:00 - 7:40 Beginner Step Meeting ----- OD 8:00 - 9:15 Hope, Faith & Courage		
Christ Church 257 Fourth St South Amboy		CD/B 7:30-8:45 New Freedom					
New Attitudes Club House Throckmorton St Freehold NJ						CD/BB 7:45-9:00 Friday Night Recovery Group	
Recovery Center 916 S. Broad St. Trenton, NJ			OD 8:00 - 9:00 Broad St. Solution				
Christ Episcopal Church 90 Kings Highway Middletown, NJ				OD 7:30- 8:30 Keep It Simple			
Jackson United Methodist Church 68 Bennetts Mills Rd Jackson, NJ						OD/S 8:15-9:15 We Can Recover	
St Matthew's Trinity Church 57 8 th Street Hoboken, NJ		CD 7:00 - 8:00 Live Free					
C.H.E.E.R.S Clubhouse 340 West 1 st St Roselle, NJ			B/OD 7:15 - 8:30 Fighting Chance				
4 th Ave Beach 4 th Ave & Ocean Ave Bradley Beach, NJ			OD/S 7:30 - 8:30 Serenity in the Sand <i>May-Sept Only (rain days see below)</i>				
First United Methodist Church 319 LaReine Ave Bradley Beach, NJ			OD/S 7:30 - 8:30 Serenity in the Sand <i>Oct-Apr & all Rain Days</i>			OD/S 8:00 - 9:00 Dark Side of the Spoon	



Meeting List for Cocaine Anonymous of the Greater New York Area Spring 2018

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom. We use the Twelve Step Recovery Program; because it has already been proven that the Twelve Step Recovery Program works.

Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose — to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

**NEED HELP RIGHT NOW?
CALL OUR HELPLINE (212) COCAINE**

Telephone
Numbers:

MANHATTAN	SUN	MON	TUE	WED	THU	FRI	SAT
Lesbian & Gay Community Center 208 W 13th St btwn 7th & 8 th	CD/T 11:00-12:30 Sunday Serenity						B/G&L 6:00-7:30 Centered or Sobriety
Temporary location: 341 West End Ave. Apt 1B		T 7:30-8:30 West Side Story					
Living Sober 418 E 119th St			T/CD 8:00 - 9:30 Living Sober				
Clubhouse 252W 46th St btwn Bway & 8th				B/T 9:15 - 10:15 Inside Job			
Presbyterian Church Bldg 921 Madison Av, 5th Fl btwn 73rd & 74 th				B & S 6:15 - 7:30 Miracles on Madison Last Wed: Anniv Mtg			
Miracle on 42nd St Closed until Further Notice							
GMHC 446 W 33rd St btwn 9th & 10th Ave			B/CD 7:00 - 8:00 Tools of Recovery				
Friend's House 130 E 25th St (25th & lex, entrance on 25th)					CP 7:00 - 8:00 Promises, Promises		B / M 12:00 - 1:00 Saturday Beginners Mens mtg
The Realization Center 19 Union Square W (entrance 25 east 15th)				S 6:30 - 7:30 Chelsea Serenity	W/B/T 7:00 - 8:00 Ladies Night	B/T 6:45-7:45 Happy Hour	
The Mustard Seed 122 East 37th St		T 6:15 - 7:30 Wisdom Meeting					
St Johns Church 83 Christopher St. (Christopher & 7 th red bldg. just left of the church) Press buzzer that says "Meeting Room"		12:00 - 1:00 Meditation Meeting			8:00 - 9:00 Slogans Meeting		
Wagner Community Ctr - 435 E 120th St or 50 Paladio Ave					OB/D 7:00 - 8:00 Just Say No		

B-Beginners, BB-Big Book, CD-Closed Discussion, M-Men Only, OD-Open Discussion [public invited],
S-Step Meeting, T-Topic, W-Women Only, CP-Candlelight Promises, G&L-Gay and Lesbian,
Anniversary Meetings celebrate milestones of members (all are welcome)

QUEENS	SUN	MON	TUE	WED	THU	FRI	SAT
Recovery in the Gardens 50 Ascan Ave. Rm 204 Forest Hills				B/CD 7:30-8:30 Last Wed Anniv Mtg			
Woodside Winners St. Jacobus Church 72-01 43rd Ave; Woodside		CD 7:00-8:30 Rotating Format					
The Last Straw St. Jacobus Church 72-01 43rd Ave. Woodside							B/CD 7:00-8:30 Beginners Last Sat Anniv Mtg
The Message of Hope Group St. Mel's School 154-24 26 th Ave., Flushing, NY 11354							
CA's Big Book Experience Group Unity Ctr of Flushing 42-11 155 St. (off Sanford Ave), Flushing			7:00-8:15 Big Book Experience		7:00-8:15 Candlelight Topic Mtg, Last Thurs Anniv. Mtg		
BROOKLYN	SUN	MON	TUE	WED	THU	FRI	SAT
Nazareth Institute 6173 Bay Parkway Bensonhurst (lower level)					Circles of Strength 7:30-8:30		
Greenpoint Church 136 Milton St New York, NY 11222					Hope in Greenpoint 7:00-8:00	Hope in Greenpnt 7:00-8:00	
LONG ISLAND	SUN	MON	TUE	WED	THU	FRI	SAT
South Oaks Hospital 400 Sunrise Hwy, Amityville (Carone Hall) Travel Info: 631-264-4000			B 8:00-9:00 New Life at the Oaks				
Our Lady of Lourdes 855 Carmens Rd, Massapequa		BB/OD 8:00-9:15 Sober Toast					
A CA Group 300 Motor Pkwy Suite 110 Happauge, NY					B 7:30 PM - 8:30 PM		
Grace Methodist Church 21 South Franklin Valley Stream, NY	BB/OD Design for Living 7:00-8:00 2 nd Sun Step Mtg Last Sun Anniv						
Parkway Community Church 95 Stewart Ave. Hicksville						BB/OD 7:30-9:00 Circle of Life	
Bridge To Recovery 5 Pflug Pl Valley Stream, NY		B 7:30 PM - 8:30 PM					
Steps To Serenity 6800 Jericho Tpke Suite 122W Syosset, NY 11791		Do It Group 7:00-8:30 First Mon each month only	B The Way Out Group 8:00-9:00				
Steps in the Right Direction 155 Indian Head Rd Commack, NY				B 7:30 PM - 8:30 PM			